



*A Pastor for Every Person!*  
**ROCK GROUPS**

(Evangelistic Care Groups)

ROCK GROUP DIRECTIVE

**LIFE GOALS**



**ICE BREAKER...** In general, do you tend to be a goal setter?

Do you usually follow up on those goals?

**Philippians 3** <sup>13</sup> Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, <sup>14</sup> ***I press toward the goal*** for the prize of the upward call of God in Christ Jesus. <sup>15</sup> Therefore let us, as many as are mature, have this mind... NKJ

Paul talks about pressing toward the goal of fulfilling God's high calling on his life. In other words, he had ***Life Goals***.

Have you ever considered what your ***Life Goals*** should be?

If so, would you share a few of them? (briefly)

Fulfilling God's call upon our life can seem like such a nebulous thing...

***How do we know when we're making progress toward our Life Goals?***

**Habakkuk 2** <sup>1</sup> I will stand my watch... and watch to ***see what He will say to me***... <sup>2</sup> Then the **LORD** answered me and said: "***Write*** the vision and make it ***plain*** on tablets, ***that*** he may ***run*** who reads it" NKJ

To paraphrase this verse: "The goals that we receive from God should be written out ***so specifically*** that it becomes a plan of action that we can live by each day."

Many surveys and studies have shown that those who actually write down their goals and then break them down into steps and measurable actions are far more likely to achieve their goals.

If **Life Goals** really are important to us, shouldn't we actually **write them out** and **review them often?**  
(We can always revise our goals as God reveals more to us)

Let's take about seven or eight minutes for each of us to **start** writing out some of our Life Goals.

-----

***Now that we've all written out*** some of our life goals, let's **make a commitment to follow up on these goals** at regular, specific times. Let's do five things:

- 1<sup>st</sup> ***Set specific times*** on our calendars to review our progress.
- 2<sup>nd</sup> ***Pray over our goals*** to see what needs to be changed or added.
- 3<sup>rd</sup> Break each goal down into ***specific actions*** toward reaching the goal.
- 4<sup>th</sup> See these as ***God's goals to live our lives by, not*** just as a passing thing to be forgotten.
- 5<sup>th</sup> ***Post our goals*** somewhere that we will see them and read them often.

Let's get into ***groups of three or four***, and ***pray about our Life Goals***.

-----

- ✓ Did you share the vision and mission of COTR and the Rock Groups?
- ✓ Prayer, Ministry time, and Fellowship
- ✓ Prayer for COTR Leadership
- ✓ "Empty Chair" Prayer - encourage group to **invite someone new next time**
- ✓ Did everyone complete the sign-in form?

 Remember to complete the **online report** and **attendance** for the meeting soon