



A Pastor for Every Person!
ROCK GROUPS
(Evangelistic Care Groups)
ROCK GROUP DIRECTIVE

ANGER

ARE YOU GIVING THE DEVIL A GUESTROOM?

ICE BREAKER... What makes you angry? What really sets you off?

Do hot tempers run in your family?

"In your anger do not sin": Do not let the sun go down while you are ***still angry***, and do not give the devil a ***foothold***. Ephesians 4:26-27

The word ***foothold*** is ***topos*** (top'-os); ***opportunity***, location, place, ***room***.

Sinful anger gives the devil ***opportunity*** and a ***guestroom*** in our house.

Then the LORD said to Cain, "***Why are you angry?*** Why is your face downcast? If you do what is right, will you not be accepted? But if you do not do what is right, ***sin is crouching at your DOOR***; it desires to ***have you***, but you must ***master it***." Genesis 4:6-7

WRONG WAYS WE HANDLE ANGER

SPEWERS EXPRESS IT.

A ***fool*** gives ***full vent to his anger***, but a wise man keeps himself ***under control***. Prov 29:11

A ***quick-tempered*** man does ***foolish things***. Proverbs 14:17

STEWERS SUPPRESS IT.

When ***I kept silent***, my bones wasted away through my groaning all day long. Psalm 32:3

The older brother became ***angry*** and ***refused to go in***... Luke 15:28

WHAT DO I DO WITH MY ANGER?

*Anger is like **FIRE!** (put it out or fan it!)*

➤ **SINFUL ANGER: PUT IT OUT!** (douse it with the water of the Spirit)

Starting a quarrel is like breaching a dam; so **drop the matter** before a dispute breaks out. Proverbs 17:14

“Everyone should be quick to ***listen***, slow to ***speak*** and ***slow to become angry***, for man's anger does not bring about the righteous life that God desires.”

James 1:19-20

➤ **SANCTIFIED ANGER: FAN THE FLAME!** (fan it with the wind of the Spirit)

(Jesus) looked around at them in **anger** and, deeply distressed at their stubborn hearts... said to the man, “Stretch out your hand.” He stretched it out, and ***his hand was completely restored***. Mark 3:5

Sanctified anger will always result in **Godly actions!**

We can always tell the ***source of our anger*** by what it **leads us to do**.

GROUP QUESTIONS

- 1) Are you a ***spewer*** or a ***stewer?*** Explain.
- 2) At what are you most easily angered?
- 3) Do you need to pour water on sinful anger or gas on sanctified anger? Or both?

Let's ***pray in groups of three or four*** that we would give no room to the devil through anger.

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- ✓ Did you share the vision and mission of COTR and the Rock Groups?
 - ✓ Prayer, Ministry time, and Fellowship
 - ✓ Prayer for COTR Leadership
 - ✓ “Empty Chair” Prayer - encourage group to **invite someone new next time**
 - ✓ Did everyone complete the sign-in form?

 Remember to complete the **online report** and **attendance** for the meeting soon