



**A Pastor for Every Person!**  
**ROCK GROUPS**  
(Evangelistic Care Groups)

## **A Better Life!**

Part 1

### **ICE BREAKER**

Which is better: a day at the beach or a day in the mountains?

**“Better** is one day in your courts than a thousand elsewhere;  
I would **rather** be a doorkeeper in the house of my God  
than dwell in the tents of the wicked.” Psalm 84:10 NIV

- In what ways do you think your life would be **better** if you lived with an ongoing awareness of God’s presence?
- What does your intentional time with God look like?
- What are some things keeping you from an ongoing awareness of God? What will do you to remove these distractions?

**“One thing** I ask from the LORD, **this only do I seek**: that I may dwell in the house of the LORD **all the days of my life**, to gaze on the beauty of the LORD and to seek him in his temple.” Psalm 27:4 NIV

“Few things are needed--or indeed only **one**. Mary has **chosen** what is **better**, and it will not be taken away from her.” Luke 10:42 NIV

Mary chose the **ONE** thing that **ALWAYS** leads to a **BETTER** life...time in the presence of God!

Let’s **pray in groups of three or four** that we would choose, like Mary, the presence of the Lord!

#### **REMEMBER...**

- ✓ Prayer/Ministry Time
  - ✓ Pray for COTR Leadership
  - ✓ Share Vision of COTR and Rock Groups
  - ✓ “Empty Chair” Prayer. **Invite** someone new!
  - ✓ Have everyone complete attendance sheet
- 📄 Complete the **online report** and **attendance** for the meeting soon