



A Pastor for Every Person!
ROCK GROUPS
(Evangelistic Care Groups)

A Better Life!

Part 2

ICE BREAKER

Which is better: movies or books? Why?

“Better one handful with tranquility than two handfuls with toil and chasing after the wind.” Ecclesiastes 4:6 NIV

- What two or three things are most important to you and why?
- What do you need to let go of so you can fight for what matters? How and what can you eliminate or cut back on to make room for more important things? Does your life feel balanced right now?
- Are there good things in your life that are keeping you from the best?
- Tell about a time when you simplified or downsized something in your life. How did that impact you?
- How different do you think your life would be if you focused on living with just one handful instead of two?
- What do you think will be the hardest part of cutting back, throwing out, and turning off those things that don’t really matter?

“Better a little with the fear of the Lord than great wealth with turmoil.” Proverbs 15:16 NIV (*read Proverbs 10:22 also*)

“Better to eat a dry crust of bread with peace of mind than have a banquet in a house full of trouble.” Proverbs 17:1 GNT

Let’s ***pray*** in groups of three or four that God would help us to ***simplify*** and ***reprioritize*** where we should for a better life!

REMEMBER...

- ✓ Prayer/Ministry Time
- ✓ Pray for COTR Leadership
- ✓ Share Vision of COTR and Rock Groups
- ✓ “Empty Chair” Prayer. ***Invite*** someone new!
- ✓ Have everyone complete attendance sheet
- 📄 Complete the ***online report*** and ***attendance*** for the meeting soon