



A Pastor for Every Person! **ROCK GROUPS** *(Evangelistic Care Groups)*

KINDNESS

ICE BREAKER

Who is the most kind person you know? How does it feel to be around them?

Galatians 5 ²² The **Holy Spirit** produces this kind of **fruit in our lives**: love, joy, peace, patience, **kindness**, goodness, faithfulness, ²³ gentleness, and self-control NLT

Kindness: being friendly, generous, considerate, warmhearted, affectionate, gentle, helpful, thoughtful, unselfish, understanding, sympathetic, compassionate.

Merely “**intending to be kind**” can often go unfelt, unseen, and unheard.

Kindness is most powerful when **expressed thoughtfully**
and **repeatedly** through **words** and **actions**.

1 Peter 4 ⁸ **Most important of all, continue to SHOW deep love for each other**
... ¹⁰ As each of you has received a **gift, use it to serve one another...**

What are some of your **favorite “acts of kindness”** to **give** and to **receive**?

WHAT ABOUT THE TIMES WHEN WE FEEL LIKE BEING UNKIND? :)

Proverbs 16 ²¹...**pleasant words are persuasive...**²⁴ **KIND words** are like honey
... **sweet to the soul** and **healthy for the body...**³² Better to be **PATIENT** than
powerful; better to have **SELF-CONTROL** than to conquer a city. NLT

How do you think **kindness affects** the **soul** and the **body**?

What do **patience** and **self-control** have to do with **kindness**?

What do you think would **help you to become a kinder person**?

Let's **pray** in groups of 3 or 4 for God to help us **grow in kindness**
and **lead us in practical, everyday words** and **acts of kindness**.

REMEMBER...

- ✓ Prayer/Ministry Time
 - ✓ Pray for COTR Leadership
 - ✓ Share Vision of COTR and Rock Groups
 - ✓ “Empty Chair” Prayer. **Invite** someone new!
 - ✓ Have everyone complete attendance sheet
- ☐ ☒ ☐ Complete the **online report** and **attendance** for the meeting soon